



Bone Densitometry Online

Moodle User Guide

Moodle is Bone Densitometry Online's Learning Management System (LMS). You will have access to your course's homework assignments, all practice/review questions, exit exams and other course materials and functions via Moodle. Moodle is a web-based program; you need a computer with Internet access and an Internet browser to use Moodle for your course.

Technical Requirements

Before logging into Moodle, confirm that your computer hardware, software and settings are correct and compatible with Moodle requirements to take your courses and be able to run the LMS.

Computer Requirements

For PC computers:

Windows 10 or greater

For Macintosh computers:

OS X or greater

For all computers:

- 4 GB or more RAM
- Internet access (**high speed BROADBAND access is highly recommended**). Students taking Zoom courses require an internet service that provides reliable connection with little to no downtime. Use Google to locate internet providers in your area.
- Speakers, microphone, and camera.
- Printer

Browser Requirements

- The latest version of Internet Explorer, Chrome, Firefox or Safari can be used.
- Third party Cookies must be enabled.
- Ensure JavaScript is enabled.
- Ensure that Pop-up blockers is turned off.

Additional Software Recommendations

- Adobe Acrobat Reader (<http://get.adobe.com/reader/>)
- Adobe Flash (<http://get.adobe.com/flashplayer/>)

Moodle Student Login

1. Go to <https://bonedensitometryonline.com>
2. Enter your Username located in your Welcome email.
3. Enter your initial Password: **changeme**
4. Click **Login**.
5. Follow the prompts to change your password. The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 non-alphanumeric character(s). Login with your new password.

Note that both the username and password are case sensitive.

Moodle Logout

When you are finished working in Moodle, be sure to log out by clicking **Logout** in upper right corner.

Forgotten Password

If you forget your password, click on the *Yes, help me log in* button and follow the directions. Enter your username or e-mail address that was used for Moodle.

Moodle Profile

Click on your name in the top right corner.

From the **Edit Profile** screen you can change your password and update and add information to your profile.

On your Profile, we recommend you:

- Maintain the default settings
- Add a picture of yourself (required)